



CLEAN ACRES AREA OF NARCOTICS ANONYMOUS AREA SERVICE MINUTES FOR JANUARY 2022 MTG

OPENING: MTG opened at 7PM with a moment of silence followed by the serenity prayer. Addicts read: The NA Service Paragraph, The 12 Traditions of NA, & the 12 Concepts of NA service. The secretary read the old biz from the previous month & the area service body reviewed & accepted the previous month's minutes.

TRUSTED SERVANTS : Area Chair *Lorenzo A*, Area Co-Chair *Heather B*, Treasurer *John H*, RCM *Eric M*, H&I Chair *Talieb M*, Literature Chair *Robert S*, Public Relations Chair *Adam S*, Public Relations Co-Chair *Ashley K*, Unity Chair *Robin S*, Unity Co-Chair *Phil D*, Policy Chair *Tom D*

TRUSTED SERVANTS ABSENT: None

OPEN POSITIONS: Secretary, Alt RCM, H&I Co-Chair, Treasurer, Co- Treasurer, Convention Rep, ALT Convention Rep, Policy Co-Chair, Literature Co-Chair

HOME GROUPS PRESENT: For Addicts Only, Give it Away, Good Morning, GOD, How & Why it Works, KSQ Recovers Too, New Life, Recovery on the Hill, Saturday Night Solution, 12 Steps to Freedom, Freedom Bound in Downingtown, Footwork's. (12 HG'S Present)

HOME GROUPS ABSENT: Conscious Contact, Drug Free in Dub-C, Easy Does It, Find & Feel the Freedom, Focus, Free at Last, Gratefully NOT Dead, I Can't WE Can, Infectious Recovery, JFT, Park it in Parkesburg, Spiritual Awakening, Stairway to Freedom, Sunday Steps, Surrender to Win, Tuesday Night, WAIT, Wake up & Smell Recovery, WE grow from the Darkness, Writing to Freedom (20 HG'S Absent)

-SUBCOMMITTEE REPORTS-

Area H&I

DATE: January 2022

CHAIR: Talieb M

CO-CHAIR:

LITERATURE: Robert S

SECRETARY: Analiese T

MEMBERS IN ATTENDANCE: Heather B, Robert S, Kyle W, Talieb M, Analiese T, Beth Ann C, Frank, Lorenzo (8 TOTAL MEMBERS IN ATTENDANCE)

NEW VOTING MEMBERS: None

OPENED WITH: Serenity Prayer followed by, 12 Concepts, 12 Traditions, H&I Policy, & Old Business from previous subcommittee meeting.

REGIONAL BUSSINESS: SEE ATTACHED GREATER PHILADELPHIA REGIONAL H&I MINUTES

LITERATURE REPORT: We have plenty of literature stamped & on hand as well as: H&I posters, area flyer, & regional MTG flyers with QR codes for the panel leaders to take into the facilities to serve in place of the MTG list. PLEASE get with Robert to pick up.

COMMITMENT REPORTS:

Gaudenzia: (Robert) 3/3 None Missed: On 1/14 facility contact was there to let us know that they will not be holding an H&I meeting that night or moving forward until Feb 5th or later due to Covid.

Malvern Monday Night : (Terse) 4/4 None Missed: One evening the facility held a men's meeting at the same time as our H&I meeting. Patients were given a choice of which they would attend.

Malvern Wenesday Night : (Kyle Y Temporarily) 3/3 None missed: All is well! Kyle is currently stuck outside of the country because of Covid, Tyler is going to cover his commitment until he is able to return.

RCA: (Analise T): 1/1 None missed: Upon arrival on 12/27 the facility let us know that they will not be bringing in any speakers from outside of the facility. H&I is being put on hold until further notice due to Covid.

NEW BUSSINESS: H&I Flyer will be added to the minutes, PLEASE make announcements at home groups! We need to find another replacement for the Malvern Wed night presentation by the end of February. ANYONE who wants to get involved PLEASE reach out to any H&I member to see how to get involved!

- Subcommittee went over and discussed the Covid-19 protocols sent out by region
- A member suggested that we consider reaching out to facilities about putting protocols in place for COVID-19 to protect the group, such as wearing masks.
- Another member referenced a Johns Hopkins study, that found Covid infection from contaminated surfaces extremely rare (1/10,000 chance). This information can be found on the CDC website.
- Other members referenced the first Tradition, that our common welfare comes first. We can't tell the facilities what to do, but we can communicate with them what we will not do. "It's all about communication and cooperation and making sure that the members and potential are safe."

MOTIONS: None

Nominations: None.....H&I Co-Chair position is open. Kyle Y is temporarily covering the Malvern commitment until the end of February.

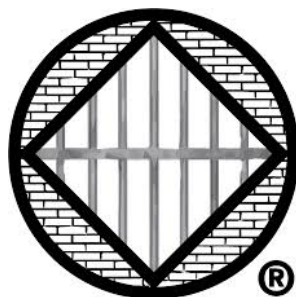
Open Forum: NONE.

***UNTIL WE CAN MEET IN PERSON THE H&I Subcommittee will meet the 3rd SUN OF EACH MONTH
ID# 275-856-6387 pw:123456**

ANYONE INTERESTED IN THIS LIFESAVING SERVICE WORK PLEASE ATTEND OUR SUBCOMMITTEE MEETINGS! WE WOULD LOVE TO HAVE YOU INVOLVED!

MOTION TO CLOSE WITH THE SERENITY PRAYER

H&I RSC January 2022



Regional H&I Subcommittee meeting

JANUARY 8TH 2022

Open meeting with a moment of silence followed by the serenity prayer, reading twelve traditions and twelve contest, reading minutes from last month meeting, reading basic purpose from H&I handbook.

Administrative Report: Received an email/request for a physical H&I meeting & a presentation at: Mercy Fitzgerald Hospital, 1500 Lansdown Ave, Darby Pa 19023. This commitment falls into the Delco area and I have reached out to their RCM and forwarded this request for them to handle it as an area. Our Special Work received a call from Ms. Andrea Jennings, social work supervisor Philadelphia, Dept. of prison PIC /Drug alcohol unit asking for a donation of N.A Books and Pamphlet. she said any help we could provide would be greatly appreciated. I contacted the Philly H&I Chair and passed the information and request onto their area.

Areas in Attendance

Phila-Chair
Regional Chair
West/South/West
North/West-Chair
Montco
South/Philly
Pyramid of freedom Chair

Old Business-We still meets on zoom until we can meet in person on the first Saturday of the month id# **275-856-6387-p/w-123456**.

New Business-Before we do in personal meeting RSC needs to come up with some guidelines or go with the CDC guidelines or the Philadelphia guidelines.

Areas Reports

North/West. The Chair was re-elected to the H&I chair for the North/West area. The facility Re-Entry the panel leader has Covid 19, the chair calls the facility and suspended meeting until further notice. New Image Director called and requested an in-person meeting at 1:00 pm or 3:00 pm, chair informed the facility that times are not practical most of our members work at that time. DRC still does not have a meeting at this facility.

South/Philly. All three of ours facility is shut down-River Bent, Joy of life, Malvern facility.

Philly area: We are on hold with Charter Fairmount facility turned away two times and not notified of a covid outbreak. Our other facilities didn't contact us about any issue with an outbreak. We have submitted member information to the prison, as they are beginning to up with a plan for opening back up. Dropped off literature and some basic texts, I have volunteer service.

West/South/West, The Sub-committee meets the first Monday of the month from 7:00 pm-8:30 pm with the last half hour is dedicated to training on the Do's & Don'ts. We also meet on the third Saturday of the month on **Zoom-ID-222673-8711-PW-052607**. There have been no misses at the facilities we serve as of the date. The Co-Coordinator report indicates that things are going smoothly. Interim House continues to arrive late to the meeting and the participation is haphazard. The director of the facility has decided that they would do better if we held the meeting in person. I will try to enter will be Presbyterian.

Montco: New Chair. Eagleville, Wednesday, and Thursday nights are currently suspended they are moving to build and had a recent Covid outbreak until further notice. Fairmount I think is suspended be of covid outbreaks. There has been talk from Grateerford and MCCF about letting the meeting come back in but we're still waiting to hear from them so we can start the clearance processes again.

Pyramid of freedom No report. Still waiting to hear from DRC about coming back into the facility.

Clean Acres: No misses all is well. H&I flyer will be added to the minutes, Please make announcements at your home group. Until we can meet in person the H&I subcommittee will meet on the 3rd Sunday of each month.

Disclaimer: Specific requirements for Area H&I Subcommittees should be determined by the individual area in coordination & cooperation with the facilities that our H&I members are entering. These suggestions are presented as possible options to carefully & responsibly be considered.

Going Forward with Physical H&I Presentations throughout GPRNA

- Contact your facilities & determine what COVID19 protocols they are currently requiring us to follow. At this time communicate to the facility the new COVID19 protocols that we will be requiring. If needed schedule a virtual follow-up presentation with the facility, H&I, & PR to cover our safety concerns going forward.
- Request that all tables and chairs are cleaned before our members arrive
- Have spray cleaner and paper towels available for those who want to clean their own areas
- Make sure bathrooms have soap for washing hands & hand sanitizer is available during the meeting.
- NA members & clients are required to wear masks properly for the entirety of the meeting. **MASKS MUST COVER THE NOSE & MOUTH!**
- **NO** eating or drinking during the meeting.
- Ask facility to consider having smaller groups of clients during the presentation & if at all possible see if there would be any interest in virtual presentations.
- **NO HUGGING** during the meeting & Close out the meeting with the serenity prayer from seats.
- Request that facility have the chairs spaced 6 feet between the clients & members to ensure social distancing is being adhered to. Request that when clients enter the room they are aware not to move these seats themselves to sit next to friends.
- Panel members/ Chair persons need to be scanning the room during the presentation to make sure clients are adhering to our safety protocols. If clients are disregarding the protocols it is the chair person/ panel leaders responsibility to **STOP/PAUSE** the meeting & request that that safety precautions be followed to resume the meeting. If safety precautions continue to be disregarded & abused during the meeting; please contact facility & place meeting on **HOLD** until a follow-up presentation can be done to assure that we are keeping our members **SAFE!**
- Ask the facility to keep laminated copies of the suggested readings on hand that can properly be disinfected before & after the meeting. (EX: *Who's an addict, what is the NA program, etc.*)
- Discuss/Consider **NOT** having H&I members carrying suggested H&I literature in & out of facilities each week. During these times our H&I subcommittees have found that providing the facility with small amounts of literature upon request has greatly reduced contamination of items we can't properly disinfect.

PLEASE CONSIDER ADDING THE FOLLOWING ANNOUNCEMENTS TO EACH H&I MEETING FORMAT

- * **NO** eating or drinking during this meeting!
- * For the safety of all in attendance we ask that masks be worn during the entirety of the meeting. **PLEASE** wear masks properly so that that mouth & nose are covered.
- * **PLEASE** respect social distancing during the meeting & do not move the chairs.
- * Normally we hug in NA! Unfortunately due to COVID19 we will **NOT** be hugging during this meeting & we will be closing the meeting out from our seats. **THIS IS FOR THE SAFETY OF ALL IN ATTENDANCE.**

* If you feel sick, or have had a fever, in the past 14 days **PLEASE** refrain from attending this meeting! Virtual meetings are still available at https://naworks.org/all_meetings/

* We would like to thank you for your: **COOPERATION, PATIENCE, & UNDERSTANDING** while we continue to navigate how best to carry the message **SAFLEY** to any addict with the desire to stop using!



Clean Acres Area Unity Committee 1/6/2022

Chair: Robin

Co-Chair: Phil

Secretary: Debora

Debora opened with Serenity Prayer

Phil read 1st Tradition

Attendees: Debora Robin Phil

Meeting ID: 275 856 6387

Passcode: 123456

Chair Robin

484-587-4012

cleanacres.unitycommittee@gmail.com

Co- Chair Phil

610-639-0791

Unity would like to apologize for the cancellation for our New Year's Event due to covid.

Unity will start meeting again 2/9/22 @ 7:00 pm via zoom

We need trust servants to get involved with the unity committee.

Unity asked that John void the check that was given to us for the December event that

was cancelled in December 2021.

More information will be forthcoming regarding 2022 Unity Events.

We would to thank the area for their continued support.

Robin closed with

RCM REPORT

There was no region this month there will be one in February so we will have more information then. Reached out to the RD & zonal forum about Clean Acres hosting a CAR report workshop & they asked us to select 2 dates. Hopefully they can fulfill the first date & if not then we have a backup date. We have until April 15th to select our dates. There was some discussion between the service body & we selected the 2 dates of: Saturday March 19th or Saturday February 19th. There was a suggestion made that we familiarize ourselves with the first 11 pages of the CAR report which contain the motions in them prior to the workshop. Then if we have questions we will be able to ask them at that time. If you are wondering how to get a copy of the CAR report go to <https://www.na.org/?ID=conference-index>

PUBLIC RELATIONS

PR minutes 1/16/2022

Opened with the serenity prayer. Ashley, Gene and Adam were in attendance.

1- Requesting \$42.14 for lamination of the PR Area "if you need help" flyers. We'll be getting a home laminator and distributing 20 initial flyers in surrounding businesses that deal with addicts, while having the ability to use this for future laminations. Purpose is to preserve these flyers over time.

2- Discussed producing Clean Acres coffee mugs rather than t-shirts, using profits for Basic Texts to be given to local prisons. We'll need to find prices online or locally and come back to the group with the information we obtain.

3- PR is requesting \$9 for 45 meeting lists. Requests for lists have been relatively low but if you need them, we'll find a way to get them to you if you can't print them yourself.

AREA POLICY

No Area Policy Report was Given. Email address: cleanacres.policy2021@gmail.com

1/8/22 Regional Policy Minutes

Happy New Years! In attendance: Curt RSC Policy Chair, Carlton C.- Secretary & Schuylkill Valley Policy Chair, Tom- Clean Acres Policy Chair, Lea H Camden Area Policy Chair, Mikel- South Philly Policy Chair, Brenda- WSW Policy Chair, Matt- Pyramid of freedom Rep, James RSC PR Chair.

Opened with moment of silence followed by Serenity Prayer.

Read tradition #2 and 12 concepts.

Carlton read old minutes.

Area Reports. Mikel-

1. South Phila policy cub committee changed meeting time to the 2nd Sunday of each month @ 10am. (zoom info listed at below)
 2. The new year's dance/speaker jam was cancelled due to the drop out of inner-city participation.
- Tom-
 1. The December Clean Acers area election was successful.
 2. The Clean acers unity event was cancelled due to covid out breaks.
 - Brenda-
 1. WSW Area meeting location will not be moving to Darby Rec center as planned. The area is still working on finding a new location to meet in person.
 2. Support in WSW area policy subcommittee is low she has been reaching out for support and participation.
 3. Brenda will be submitting a revised policy during this month's area meeting.
 - Lea-
 1. The greater Camden area policy, RCM, and PR subcommittees will change over from meeting in person to meeting virtual. (zoom ID N/A)
 2. Sat Jan 15th a learning day workshop will be held on zoom 2pm-6pm. Come out and support. Zoom ID 982 567 9283 No passcode needed.
 - Carlton- SVA Nothing to report

At the request of the RSC, the Policy Subcommittee is to look at whether Article VI, Rules of Procedure, in our revised guidelines should remain.

- It is the committee's recommendation: That Article VI Rules of Procedure remain. The language in this section encompasses all Areas and Home Groups regardless if they use CBDM or not. We feel that any proposed changes at this time would further divide us as a Region, which is not what the RSC is in service to do, as per the RSC's Purpose Statement.

To the RSC from the Policy Subcommittee

The Policy Subcommittee discussed ways to attract NA members to service and make Service **"SEXY"**.

RSC held discussion during Open Forum

Areas and Home Groups having issues about the lack of members in service.
Could this be that there are too many Home Groups in need of members?

Perhaps the Areas can look at the feasibility of Areas combining for the sake of maintaining our service structure within our Region.

Open Discussion.

Brenda Suggested that home groups have a “Service and Involvement” meeting inserted in their meeting format. In hopes to encourage and inform NA members to get involved in service.

Matt agreed with the idea and also suggested that areas host “Service and Involvement” workshops. Matt also pointed out that there are a lot of meetings but yet still low participation in service. How can this change?

Curt made a point that the zoom platform makes it convenient to get involved. Letting members know that the zoom platform is available to get involved with service might help the participation levels.

-Next meeting Feb 5th 2022

- Agenda: Regional & Area Concerns, any old business, review any subcommittee updates to policy, open discussion on the possibility of refacing the policy handbook, (not changing policy at all just font styles, colors, layouts etc.).

-Closed with moment of silence followed by serenity prayer

JANUARY 2022 AREA LITERATURE

Literature report 1/16/2022
Inventory

-Starting Inventory	\$3,045.34
-Less sales.	- \$300.52
-Plus order(purchase)	+ \$0.00
-Current Inventory.	\$2744.82

Banking

-Previous balance.	\$2,276.99
-Less purchase	- \$0.00
-Less Shipping	- \$0.00
-Plus sales(deposit)	+\$300.52
-Shipping reimbursement	+\$0.00
 -Current Balance.	 \$2,577.51

To place a order for literature we will be using the same location as before, the Boscovs parking lot at **4pm on Sunday (1/23/2022)**. Please text or call me your order using my information below.

Thanks!
Robert S
Literature Chair
267-245-5431

JANUARY 2022 AREA TREASURER REPORT

<i>January Treasurers Report</i>		
1/16/2022	Ending Balance 12/21/21	\$1,500.01
	Bank Fee	-\$7.50
	Area Zoom Account 12/2021	-\$15.89
	Literature Shipping	
	H&I Literature	
	PR - Meeting lists	-\$87.14
	Post Office Box	
	Unity	
	GPRSO	
	World Services	
	Deposit	
	Venmo Transfer	258.61
		\$1,648.09

How Group	\$97.75
New Life Group	\$57.86
Stairway to Freedom	\$87.00
Den H.	\$2.00
I Can't We Can Group	\$14.00

NA World Services
PO Box 9999
Van Nuys, California USA 91409
Telephone +1.818.773.9999
Fax +1.818.700.0700

	Total	\$258.61
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GPRSO, Inc.,
150 Monument Road, Suite 207-0026
Bala Cynwyd, PA. 19004
By Phone: (215) 745-9494

PO BOX 58

EXTON, PA, 19341 OR Venmo @Clean-Acres

OLD BIZ:

-Stephanie for Convention Rep MOTION DID NOT PASS


-There was still discussion around printing out Meeting Cards with the Area & regional website information, the phone line number, a QR code for NA literature & some NA suggestions. The information on these cards is up to date & accurate! Our groups would physically have 4X6 cards on hand to give newcomers & these cards would have a spot on the back for phone numbers. It would cost us \$30.00 to print our thousands of these & groups could receive these when they pick up their literature orders. Currently we are printing out Meeting lists & paying PR \$30-\$40 every few months & once there is a change or a meeting closure the information is no longer accurate. There was discussion that this does seem like a simpler route. **PLEASE DISCUSS THIS WITH YOUR GROUP! BELOW IS WHAT THE CARDS WILL**

LOOK LIKE ON THE FRONT!

**STRUGGLING WITH ADDICTION?
WE CAN HELP!**



SCAN THIS QR CODE FOR NA LITERATURE



SCAN THIS QR CODE FOR OUR WEBSITE



WWW.CLEANACRESNA.ORG

**MAKE A DIFFERENCE
IN YOUR RECOVERY
AND DISCOVER WHAT
NARCOTICS ANONYMOUS
CAN OFFER YOU!**

SUGGESTIONS:

- DON'T USE NO MATTER WHAT!
- MAKE 90 MEETINGS IN 90 DAYS!
- COME EARLY & STAY LATE!
- GET & USE A SPONSOR!
- GET INVOLVED IN A HOME GROUP!
- GET & USE PHONE NUMBERS!
- KEEP COMING BACK IT WORKS!

WWW.CLEANACRESNA.ORG
WEBMASTER@CLEANACRES.ORG
PO BOX 58, EXTON, PA 19341
CHESTER COUNTY, PA

HELPLINES:
GREATER PHILA. REGION:
215-NA-WO RKS
EASTERN PA REGION:
844-624-3575

NEW BIZ:

ALL MOTIONS & NOMINATIONS TO BE VOTED ON BY ALL HG'S!!!!

Nominations:

NONE

GROUP REPORTS

-The Foot Works Group- Every Friday 8:00pm-9:30pm, Messiah Lutheran Church, 46 W Lancaster AVE, Downingtown PA, 19335. Currently MTG on **New Zoom ID:833 0569 6202**
REPORT: We are doing well & carrying the message to the addict who still suffers. **We are Still in need of support!!** No Donations **ANNIVERSARIES: None** Chip 908-329-7619
Cmorgensen88@gmail.com

-For Addicts Only: Every Monday 7:30-8:30pm, St. Andrews Episcopal Church, 7 St. Andrews Lane, Glenmoore PA, 19343. **LAST WEEK OF EACH MONTH ON Zoom ID# 678-881- 941**
.REPORT: **MASK ARE REQUIRED! Group is doing well We could always use Support!!** **Donation: \$37.00 ANNIVERSARIES: None**

-Give It Away- Every Sunday, @6pm-7:30pm, Lincoln Courts Shopping Center, Malvern Center around back by Revive Studio, close to main road, 225 Lancaster Ave, Frazier PA, **REPORT:** All is well. Attendance is good! **We are always looking for new Home Group members.** We have 2 HG members celebrating anniversaries in January **DONATION: \$7.00, ANNIVERSARIES: RUSTY T CELEBRATED 21 YEARS ON JAN 29th & PHIL D CELEBRATED 3 YEARS ON JAN 29th!!!!!!!**

-Good Morning Group- Every Sat 9am-10:00am. Schuylkill Friends Meeting House, 37 N. Whitehorse RD, Phoenixville, PA 19460 **REPORT:** We continue to carry the message every Saturday with 20 -25 people attending. Donation: None **ANNIVERSARIES: Corey 1/20 23 years, Nina J 1/30 27 years ,2/2 Bob K 36 years, 2/7 Kevin 15 years, 2/17 Scott 6 years !!!!!**

-How & Why It Works- Meets Mon-Fri; 12:00pm-1:00pm @ The Atkinson Shelter (rear) on Diamond Ave, 822 E. Chestnut ST, Coatesville PA, 19320. MTG VIA ZOOM ID# 267-545-797 **NO password.** **REPORT:** attendance is up message is of recovery is being carried support is always welcome. No new homegroup members No Donation, **ANNIVERSARIES: NICHOLE B 12 YEARS!!!!**

-KSQ Recovers2- Every Wednesday, @ 7:30-8:30pm, First Baptist Church, 415 W State St, Kennett Square PA, **REPORT:** **The church asks that all visitors wear masks. Attendance has been low, support is welcome!** Our home group member Frank will be celebrating 3 years this coming month. We do not have a donation as we weren't able to meet for a regularly scheduled business meeting this last week due to the church being closed **anniversaries: FRANK 3 YEARS!!!, NO DONATIONS**

-I Can't WE Can- Every Thursday, @ 7:30-8:30pm, ST. Peters Episcopal Church, 121 Church St, Phoenixville PA, **REPORT:** (GSR not present report was submitted). **Continuing to carry the Message. Could use support in attendance, averaging around 10 every week** **Donation: \$14.00 ANNIVERSARIES: None**

-The New Life Group- Every Thursday, @ 7:00-8:30pm, The New Life & Christ Fellowship Church, Enter Parking lot on 5th & Harmony Red door, 1 S 5th Ave, Coatesville PA, **REPORT:** **The home group is in need of members;** however, our meeting attendance fluctuates. The meeting's attendance ranges from 15-20 people weekly. Donations: None **Anniversaries: DEBORA 5 YEARS!!!!, TARA 4 YEARS!!!!, & DIETRA 1 YEAR!!!!**

-Recovery On The Hill- Every Sat 10:00am-11:30pm @ Episcopal Church of the Trinity, 323 E Lincoln HWY, Coatesville PA 19320. **REPORT:** masks required! We are continuing to carry message, attendance is up and down. We have 2 Anniversaries this month **ANNIVERSARIES: Craig G. 11yrs Lisa G 14 yrs!!!!!!!!!!!!!!** No donation

-Saturday Night Solution- Every Saturday @ 11pm-12:15am, Trinity Assembly Of God Church, 1022 Pottstown Pike, West Chester PA, 19380. **REPORT:** Masks are required, social distancing is respected, & we are not serving coffee. We are getting ready to revise our format & HG policy **we could really use support with attendance!** No donations. **Anniversaries: SMEDLEY 60 DAYS!!!!!!**

-Freedom Down in Downingtown- Every Tuesdays @ 7pm-8:15pm, Brandywine Grace Church, 40 West Pennsylvania Ave, Downingtown, PA **REPORT:** Attendance is good. We're getting a good amount of newcomers from the local rehab. If you're not feeling well, please wear a mask Donations: None **ANNIVERSARIES: None**

OPEN FORUM

All Area Subcommittees are meeting before the ASM at 5:30pm same ID & Password as Area, When you join the MTG please click on "Join break out room" & select **any subcommittee you would like to attend** **** OUR SUBCOMMITTEES ARE IN DIRE NEED OF SUPPORT! GSR'S THERE IS A FLYER ATTACHED TO THIS EMAIL PLEASE SHARE THIS WITH YOUR HOMEGROUP MEMBERS & INCLUDE IT IN YOUR HOMEGROUP ANNOUNCEMENTS!****

There was discussion about some of the abbreviations we use in service & what exactly Consensus Based Decision Making is! It was asked that handouts of both be included in the minutes for further information. (PLEASE SEE BELOW!)

Regional Service "Cheat Sheet"

A Guide to help you with abbreviations you might hear/see in service!

Greater Philadelphia Region Areas:

Philadelphia Area	(PHILA)
Clean Acres Area	(CLEAN ACRES)
Delco Area	(DELCO)
Inner City Area	(ICA)
Schuylkill Valley Area	(SVA)
Greater Camden Area	(CAMDEN)
Pyramid of Freedom Area	(POF)
West-Southwest Area	(WSW)
South Philadelphia Area	(SPHILA)
Northwest Area	(NW)
Downtown Area	(DANA)
Montco Area	(MONTCO)

Terms & Alphabet Soup

Regional Service: is a term used to describe all the components of the Regional Service Committee (RSC): Subcommittees, Work Groups, Administrative positions, and any of the service positions related to them

RSC: Regional Service Committee. A body that draws together the combined service experience of a number of adjoining Areas for those Areas mutual support and service needs. Regional Service meetings are generally broken into 2 parts, Subcommittees which meet on the first Saturday of every month at varying times and the RSC meeting which happens on first Sundays 10am every even month. Note: Regional Sunday happens on the first Full weekend of the month, meaning the first weekend with a Sat & Sun

RCM & RCM Alt: Regional Committee Member. Elected by an Area to participate on the Area's behalf at the RSC and its subcommittees. Note: When taking questions or comments from the floor RCMs have precedent, meaning they are always called on first

ASC and ASM: Area Service Committee and Area Service Meeting. A committee created to provide common services for NA groups in a general locale. Composed of GSRs (Group Service Representatives elected by NA groups to speak on their behalf), ASC officers (Trusted Servants of the ASC), and its Subcommittees. Usually part of a Region, to which it sends its RCM

RD and RDA (or AD): Regional Delegate. Elected by the Region's RCMs to participate at the World Service Conference (WSC) on their behalf. Communications from NA world and Region and its Areas

JAC: Joint Administrative Committee. Meets the first Saturday on even months 1pm-3, before Regional Sunday. Body is composed of all Subcommittee Chairs, RCMs who want, and the Admin Body. Agenda for Regional Sunday is developed, proposed distributions are submitted, and discussion of Regional issues to be brought up.

Subcommittees at Region:

H&I: Hospitals & Institutions. A field of service devoted to carrying the message primarily to treatment facilities, correctional institutions, and places where Addicts can't get out to regularly scheduled meetings.

PR: Public Relation. A field of service devoted to informing the public about NA, what we do, and how to get to us. Works with Gov't agencies, private industry, public media, community leaders, treatment industry, medical professionals, and the community at large

ABC: Advisory Board Committee. Oversees financial planning for the Region (part of the Administrative body)

Convention

Meeting List

Phone line

Unity

IT or Webmaster

Clean sheet

Policy

Workgroups: when needed to fulfill a specific short-term task

Further Terms you might not know:

HG: Home Group

ESP: Experience, Strength,

MTG: Meeting

BIZ: Business

JFT: Just For Today

NAWS: NA World Service

WSC: World Service Conference. Every 2 years, 10 days, held in LA California next to our World Office. RD and RDA go to this conference for the Region. RDs from around the world go to participate

CAR: Conference Agenda Report. Full report for the WSC and its subcommittees. Usually with Motions from World or other Regions that the fellowship votes on, as a whole. This is the worldwide voice of NA

CAT: Conference Approval Track. Sets up items of priority to discuss for potential future motions at the WSC, also, explains directions that NAWS is exploring for future consideration

GPR: Greater Philadelphia Region

GPRNA: Greater Philadelphia Region of NA

GPRCNA: Greater Philadelphia Convention of NA

Conference- approved Literature vs. Fellowship-approved Literature: Both are voted on at the WSC. The distinction is whether the fellowship, as a whole, voted on it (Fellowship-approved) or if it is done thru the delegates representing their Regions (Conference-approved)

Zone/Zonal Forum: Informal level of service between Regions in a given Zone. Used to share best practices, discuss issues confronting our regions, gather information and share with Regions. Currently, the role of Zones at the World level is going through changes. Their place in our service structure is evolving and we are likely to see more on this, more will be revealed. We joined the Autonomy Zonal Forum (AZF) which consists of 5 other Regions: Central Atlantic, Chesapeake & Potomac, Eastern Pennsylvania, Free State, and Mountaineer Regions. There are 15 Zones in the world

*Recovery is learning to live by spiritual principles.
CBDM is making decisions by spiritual principles.*

Why Consensus-Based Decision Making?

With its emphasis on inclusion, collaboration, and consensus-building, CBDM seems more in harmony with our spiritual principles than a process centered around debate and parliamentary procedure. The principle of group conscience refers to more than just a vote, and CBDM is a cooperative form of decision making well suited to the development of a collective conscience.

A Guide to World Services in NA explains,

Consensus is based on the belief that each person has some part of the truth and no one person has all of it (no matter how tempting it is to believe that we ourselves really know best!). The consensus process is what a group goes through to reach an agreement. It is how we manifest the idea “together we can do what we cannot do alone” in a service setting.

Our service bodies should be a forum where trusted servants can be heard regardless of how well they know Roberts Rules of Order. Parliamentary procedure can marginalize addicts who do not know “the rules” well. CBDM offers a potentially more inclusive process for discussion.

What is Consensus-Based Decision Making?

CBDM is a method of making decisions that attempts to hear all voices and synthesize participants’ views in order to come to a resolution or decision acceptable to the group as a whole.

In strict consensus, everyone in the group agrees or gives their consent; CBDM does not require unanimity the way that strict consensus does. It might be more accurate to say in a CBDM body, we “aspire” to consensus.

How Does the Process Work?

Ideally, the discussion that takes place when using a consensus-based model is an evolutionary process. There is a common misconception that building consensus is easy or quick and painless, when in truth it is a building process that takes time and faith. Rather than speaking for or against a static proposal, participants in a CBDM body try to work together to build a proposal that the body or most of the body can agree upon. Of course, that's an ideal, and the reality is that CBDM isn't always that productive or harmonious, but the discussion in a CBDM body is designed to hear and synthesize the range of ideas rather than just listen to "pros" and "cons." It's about building consensus not winning or losing a debate.

- introduce & discuss proposal
- take pulse
- move to a decision
- continue discussion (if no decision)
- modify proposal
- take pulse move to a decision
- wait until next meeting
- give the proposal to a specific body to refine

Facilitating a CBDM Body

Some say CBDM is a process that makes it easier for participants and harder for the facilitator, and there's some truth to that. One of the biggest advantages of CBDM is that participants can more easily share their views on a proposal or issue. But one of the biggest challenges of CBDM is that it requires a strong facilitator who has the trust of the body to ensure that decision making doesn't turn into an open sharing session. Conversations need to progress toward a decision and that requires some guidance on the part of the facilitator. At the same time, the facilitator needs to have a good sense of the body so that that guidance doesn't feel like control.

Participating in a CBDM Body

Being an effective participant in a CBDM body is, in some respects, easier than being an effective participant in a parliamentary procedure-based body. You needn't be proficient at Robert's Rules or some other set of parliamentary guidelines. However, because the discussion in CBDM isn't just about weighing in with a pro or a con, but should help evolve a proposal, it is important to be flexible and to be a good listener. Open mindedness is key. While CBDM "considers" all voices, that does not mean that all opinions result in or even influence the final decision.

Whatever the outcome of discussions, everyone needs to be ready to shoulder the load to do the work involved to implement the decisions. As our Basic Text says "All that is required is willingness. All that is essential is that we open the door to a Power greater than ourselves."

What to Consider When Adopting CBDM

Your community will need to answer a number of questions for itself when developing a consensus-based process for making decisions. Talk together about what will work best for your service body. What will be most effective for a large group in a community known for spirited debate won't be

the same as the most effective process for a handful of addicts in a place where they generally come to an easy agreement on most things.

You will have to make decisions about two main issues:

1. What is the level of participation of the different members at the service meeting—elected trusted servants, and interested members?
 - Who are the voting members of the service body?
 - Who is allowed to make proposals?
 - Who is allowed to speak to proposals?
2. What is the threshold for decision making (i.e., how many must be in favor of a proposal before it “passes”). This can range anywhere from a simple majority to 80% or even more, depending on the culture of your service body and perhaps the type of decision being made. Many service bodies require a higher threshold for budget or policy decisions, for instance.

Defining members’ level of participation and determining thresholds for decision making is not a “violation” of CBDM. There is nothing wrong with according different levels of participation for different members or establishing a percentage needed to approve a proposal

There are different variations of CBDM, but the basic steps are fairly consistent. Within those basic steps there is a great deal of variety depending on the individual service body’s process and the type of decision being made. Below, the basic steps of CBDM are in bold, and some of the variations are described next to those steps.

We offer these basic steps to help service bodies understand how the basics of a consensus-based process work. These steps should be adapted to fit the needs of your community.

- **Introduce a proposal** ○ Your community will have to decide who can introduce a proposal.
 - Most bodies allow only trusted servants to make proposals.
- **Discuss the proposal** ○ Your community will have to decide who can speak to a proposal. ▪ It’s common for consensus-based bodies to allow anyone present to speak, though some recognize trusted servants before hearing from interested members.
- **Take a pulse of the body** (e.g., a straw poll) In most cases, a straw poll (a non-binding vote) is the easiest way to get a sense of whether a body supports a proposal. Again, there is variation here. Each community will have to decide for itself who can participate in straw polls. Though it may be common for any interested member to have a voice in CBDM, it’s less common for any interested member to have a vote. **For our purposes only GSR’S will have a vote.**
- **Either continue discussion or move to a decision**, depending on the pulse, If the body seems divided or unready to move to a decision, there are a number of options about what to do next.
 - You can modify the proposal based on what’s been heard in discussion
 - You can ask members who are against the proposal to explain their objections
 - You can decide the body isn’t ready to make a decision and wait until the next meeting
 - You can give the proposal to a specific body (e.g., a workgroup) to refine
 - You can recheck the pulse after more discussion

The amount of discussion and the number of times the pulse of the body is taken will vary depending on the service body and the facilitator.

- **Make a decision** about the proposal

Your community will have to determine what threshold is needed to pass a proposal. **For our purposes a simple majority vote**

- Some communities take a simple “for” and “against” vote to make a decision. Others include options such as “assent with reservation” for members who basically agree with the proposal but have some issues that have not been addressed and “stand aside” for members who do not agree with the proposal but will not stand in the way of it passing.

-THE SERVICE BODY MTG CLOSED WITH A MOMENT OF SILENCE & THE SERENITY PRAYER!-

CLEAN TIME CELEBRATED THIS MONTH IN CLEAN ACRES WAS 180 YEARS & 60 DAYS!!! YEAR TO DATE: 939 YEARS!!! CONGRATS! WE DO RECOVER!!!

